

EVERY FRIDAY FROM 6TH OF MARCH 2020

FREE EXERCISE CLASSES FOR ALL AFFECTED BY PARKINSON'S.

PCSUK, are proud to be the UK's number 1 Parkinson's charity focussing on natural remedies alternative therapies and non-pharmaceutical research.

CARERS WELCOME

11.45am -12.45pm





** NEW COMERS, PLEASE ARRIVE 15 MINS BEFORE CLASS TO REGISTER **

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