

DONATIONS



# PARKINSON'S Yoga Class

Every Wednesday from 15th January 2020

## FREE EXERCISE CLASSES FOR ALL THOSE AFFECTED BY PARKINSON'S

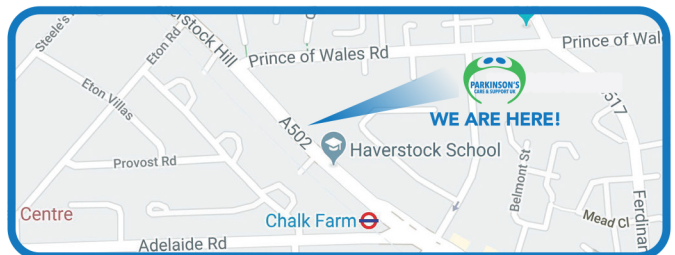
PCSUK, are proud to be the UK's number 1 Parkinson's charity focussing on natural remedies, alternative therapies and non-pharmaceutical research.

CARERS WELCOME

6.15pm - 7.15pm



HELPING PEOPLE AFFECTED  
BY PARKINSON'S



**\*\* NEW COMERS, PLEASE ARRIVE 15 MINS BEFORE CLASS TO REGISTER \*\***

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A charity registered in England and Wales (1179246) and in Scotland (SC048881)