

FREE EXERCISE CLASSES FOR ALL THOSE AFFECTED BY PARKINSON'S

PCSUK, are proud to be the UK's number 1 Parkinson's charity focussing on natural remedies, alternative therapies and non-pharmaceutical research

CARERS WELCOME

11.15am - 12.15pm





** NEW COMERS, PLEASE ARRIVE 15 MINS BEFORE CLASS TO REGISTER **

CHESTNUT HOUSE • 209 ARABELLA DRIVE • PUTNEY • SW15 5LH

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