

School Fundraising Ideas for Parkinson's Care and Support UK



Bake sale – a classic fundraiser and a great way to get the children to show off their cake decorating skills! Make sure you take part in our Big Parkinson's Bake Sale in May.

Book sale- encourage children to bring in books they've finished reading and place them out for sale! Or why not a book swap where you pay a £1 and can swap any book you like for another new read?

Carol singing- get in the festive spirit by arranging some carol singing for a December evening in your local area. Be sure to have song sheets and mince pies at the ready!

Coin trail – Ask every pupil to bring in spare change, lay the coins out in a trail and see how far around the school you can get. Donate all your coins to PCSUK.

Fair – perfect during summertime or just before Christmas - bring your school to life with a Fair selling anything you like! Books, mince pies or cakes are some good examples.

Fun run- Why not find a circular route and ask children to pledge how many laps they're willing to do? We can provide sponsorship forms for children who want to take part.

Give up Week- Test your willpower to give up something you love, like chocolate, crisps, fizzy drinks, social media or your mobile phone. Children can ask for sponsorship to do

Jumble sale- an easy way for parents to clear out their family's old items whilst raising money for Parkinson's Care and Support UK ! Set up stalls in the school hall for around home time and encourage pupils and parents alike to come drop off their possessions and browse.

Music concert- an amazing way to show off the many talents in your school, and a lovely occasion for friends and family to attend.

Quiz day- hold quizzes throughout each year group of the school. You can do class vs class or create smaller groups from each class to challenge other groups within the same year group. PCSUK can assist with sample quiz questions!

Readathon – A sponsored reading event run in primary and secondary schools across the UK, encouraging children to read for pleasure

Sponsored Swim- organise a sponsored swim where children raise money according to a set swimming target. A great way to keep fit and raise money for Parkinson's Care and Support UK.

Talent show- from the weird to the wonderful a talent show is a great way to involve everyone's different skills!

Uniform day- a twist on the classic non-uniform day. Why not hold a 'what I want to be when I grow up' uniform day and watch the playground fill with doctors, policemen and builders! Children can donate £2 for participating.

Walk- a sponsored walk is perfect for the whole school and we can provide a host of tailored materials to help make your walk an occasion to remember, whilst raising money for to support those affected by Parkinson's.

Wear Green Day- children can swap their uniform for a green outfit! Green represents nature and is PCSUK's signature colour.

Xmas hampers – Get pupils to make and sell Xmas hampers. Include food, drink, toys and gifts

Yoga – Get your pupils involved in a fun keep fit class. Children pay £1 each to participate in a yoga class.